Communication Relay
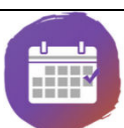
Share the message!

Complete the mission!

Which part is the challenge?

Your team will race the other teams to complete the tasks and answer the questions. The first team to complete every step in the relay wins!

Rules:

- Complete the tasks as instructed.
- Do not look ahead at tasks or questions.
- Don't over think the tasks or the questions.
- Everyone on your team must participate in at least one task and help answer all questions.
- Be willing to laugh at yourself.
- Support your team.
- Don't cheat or sabotage the other teams.
- Don't stop until your team has completed every step of the relay.

DEVCA Thinking Styles	Questions
Data-Based	
Emotive	
Visionary	
Critical	
Action-Oriented	

Materials:

- A cup for each time
- List of Move It options for each team to draw from
- Balloons blown up before the activity (3 per team)

Tasks	Questions: a few less direct (personality, culture, supervision,
Two members of your team: draw from the "Move It" cup and use the prompt to make two laps around the room. • Gallop • Runway walk • Dino walk • Break dance • Chicken walk	What one word would describe how you feel about communication on your team?
Take a selfie that includes every member of your team and something from nature.	What is the easiest part of communication at your job?
Three members of your team: perform a 15 second synchronized swimming routing for Irina.	What is the hardest part of communication at your job?
Act out a Disney scene using every member of your team for Shade.	What makes communication more difficult at your job?
Four members of your team: use balloons to caterpillar walk one lap around the room. Hand must remain on your head.	What are the top 3 communication barriers at your job?
Choose a "fight song" for your team and all members sing the chorus together.	What do you think might be causing misunderstandings or friction?

DEVCA Debrief Questions:

- What did you observe in others as you completed this activity?
- What are some facts about your team's communication?
- What was enjoyable?
- What was not enjoyable?
- What insights are emerging from this activity?
- What connections are you making?
- What appear to be the root issues?
- What changes do we need to make?
- Who will take responsibility for this?
- What immediate step do we need to take?

To improve communication at work, asking thoughtful and intentional questions can go a long way. Here are some categories of questions you might consider, tailored to fostering clarity, collaboration, and inclusivity:

1. For Team Collaboration

- What is the best way for us to share updates or progress on our tasks?

- Are there any barriers to communication within the team that we can address?

- How can we ensure everyone feels heard and included during meetings?

- Would more regular check-ins or brainstorming sessions be helpful?

2. For Setting Expectations

- Can we clarify the goals and priorities for this project?

- What is the expected timeline for completing this task, and are there any milestones we should keep in mind?

- Are there any specific tools or processes we should use for communication?

- What do you expect from me in terms of feedback or reporting progress?

3. For Seeking Feedback

- How can I improve my communication or collaboration skills?

- Are there ways I can better support you or the team?

- Have I been clear in my updates and requests? If not, how can I improve?

- Do you feel like our current communication methods are effective?

4. For Conflict Resolution

- What do you think might be causing misunderstandings or friction?

- How can we approach this issue to find a solution together?

- Is there a way to improve our communication style to avoid future conflicts?

- Would scheduling a follow-up conversation help resolve any lingering concerns?

5. For Inclusivity and Engagement

- Is everyone comfortable with how we currently communicate?

- Are there any cultural or personal preferences for communication that we should consider?

- How can we make meetings or discussions more engaging and productive for everyone?

- Are there resources or tools we could use to bridge gaps in communication?

By posing these questions with genuine curiosity and a problem-solving mindset, you can create an environment where colleagues feel valued, and communication channels remain open.