

WOMANHOOD

CONNECTING THROUGH A SHARED COMMITMENT FOR EMPOWERMENT

You will experience:

- Group learning where session topics are informed by each participants' lived experiences.
- Mindbody techniques that surface insights to guide you beyond emotional blocks.
- Sharing of stories, leadership practices, and solutions to face challenges as more resilient women in leadership.

THERE IS SOMETHING SPECIAL ABOUT LEADERSHIP



EMBRACE

Vulnerability of your authentic self and acceptance of others through self-awareness.



EMPOWER

Your true self by accessing untapped internal strength and resilience to thrive.



ENACT

Culture change and trusting relationships with other women in leadership.

PARTICIPATION FEE: \$925

[HTTPS://HUE.LIFE/WOMANHOOD/](https://hue.life/womanhood/)

COHORT SCHEDULE

90 Minute Virtual Experience
7:45AM-9:15AM

- Sense-Making in Adversity
- Healing Our Wounds
- Values & Boundaries
- Honoring Our Journeys
- Enacting New Visions
- Cultivating Deeper Awareness
- Building Personal Resilience
(Private 1:1 Session)

CONTACT HOSTS WITH QUESTIONS



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