

PREVENTION LEADERS

VIRTUAL COHORT V

2023-2024

start your journey here

5 INTENSIVES THAT TRANSFORM
PERSONAL FACILITATION AND
LEADERSHIP SKILLS



ENGAGEMENT AT THE NEXT LEVEL

The Prevention Leaders Cohort was created **by** leaders in the prevention field **for** leaders in the prevention field.

The Engagement Cohort for Prevention Leaders is an intensive skill-building experience offered by HueLife. It is designed specifically for leaders in the prevention workforce. The program will significantly improve facilitative leadership capabilities, deepen knowledge of various facilitation methods and provide a fun learning environment. Part of the intention is to build a learning community and a support system that will last long beyond the course intensives.

Angie Asa-Lovstad and Karie Terhark have over 25 years of combined experience leading community coalitions in the drug and alcohol prevention scope. They have worked together to lead a state-wide collaboration using tools that included members in every step of the process organically creating buy-in and sustainability.

The program is laid out over a five quarter period. Each quarter is comprised of six virtual sessions, with two sessions per month.



WHAT YOU GAIN

- Create a shared vision with stakeholders and collectively develop long-term and short-term goals.
- Empower your stakeholders to carry out the plan that keeps people engaged to follow through.
- Establish an evaluation practice with accountability within the teams to be responsive to a changing environment.

- Build confidence in leading groups of stakeholders and community members.
- Develop self as a transformational leader and use data to create shared awareness around community issues.
- Develop your team, empower coalition members, and leverage the personal passion of each member.



As you continue on your journey of learning and growth, be intentional, be strategic, and view each individual training as a stop along your transformation.

Dave Closson
Prevention Leaders Cohort I Participant

JOURNEY DETAILS

This program is focused on developing capacity, skills and abilities of system leaders to create an inclusive, engaging and participatory environment. Human experience will be at the center of this learning journey. In between the intensives, engagement with accountability partner(s) and support by mentors will enable the participants to build stronger relationships and a support system to continue learning together beyond the program.

Intensive 1: Assessment - Discovering Yourself

- Be an effective leader
- Discover self through assessment
- Facilitate conversations with stakeholders and community
- Communicate data effectively

Intensive 2: Capacity - Developing Teams

- Develop your WHY and align personal WHY to organization
- Facilitate virtual brainstorming to build shared themes
- Develop shared agreements with stakeholders

Intensive 3: Planning - Leading from within

- Solicit the voice to form the goals
- Avoid mission drift
- Coordinate HOW it will be done

Intensive 4: Implementation - Motivating Action

- Motivate teams to stay on course
- Align expectations with your plan
- Establish WHAT needs to be done

Intensive 5: Evaluation - Sustaining Success

- Facilitate learning and reflection
- Adjust your plans
- Tell your story

Learning approach and objectives:

- Theoretical concepts and presentations by both the instructors and the participants
- Demonstration of practical tools, methods, and processes
- Opportunities for practice and feedback

Objectives for each intensive include:

- Greater awareness of individual and group dynamics
- Ability to integrate methods within current organization systems
- Mastering authentic engagement principles
- Learning how to incorporate lens for racial equity during systems change

<https://hue.life/prevention-leaders-cohort/>



Key Learnings from Cohort I

7 take-a-ways from the inaugural cohort

- Growth starts with deepening knowledge
- Be inclusive & celebrate diverse thinking styles
- Leadership is dynamic and about the "we"
- The power of practice, persistence, and patience
- HUE Methods & Lumina are foundational
- Flex your facilitation skills to meet people where they are
- Meaningful connections change the world

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JOURNEY DETAILS

PLC Cohort V - 2 sessions per month

Session 1 is from 1 pm to 4pm CST

Session 2 is from 9 am to noon CST

Intensive I: Assessment

April - June 2023

- April 6 & 13
- May 4 & 11
- June 1 & 8

Intensive II: Capacity

July - September 2023

- July 6 & 13
- August 3 & 10
- September 7 & 14

Intensive III: Planning

October - December 2023

- October 5 & 12
- November 2 & 9
- December 7 & 14

Intensive IV: Implementation

January 2024 - March 2024

- January 11 & 18
- February 1 & 8
- March 7 & 14

Intensive V: Evaluation

April - June 2024

- April 4 & 11
- May 2 & 9
- June 6 & 13

